



## *Newsletter for the Saskatchewan Association of Student Council Advisors*

<http://www.sascaleadership.com>

June 2016

### **The End is Near!**

Your SASCA board of directors met last month for our annual spring meeting. So many exciting leadership opportunities are taking place in Saskatchewan schools. Our SASCA executive would like to take the time to thank every one of our member schools for keeping student leadership alive in the province of Saskatchewan. We know how much time, effort and energy goes into everything that you do!

The SSLC 2016 committee from Maple Creek spent some time filling us in on the exciting things they have planned for us in the fall! September 21-23 promises to be a fantastic experience. As always, we ask that you encourage your students to enjoy every moment, step outside their comfort zones to meet new people, try new things, and step back from technology to be present. We promise that your students will be “lassoed” into leadership for the 2016/2017 school year! Team Saskatchewan also has a fantastic showing at CSLC 2016 in Edmundston, New Brunswick this September. Thanks to advisors and schools for providing these leadership opportunities for your students. The time, money and energy invested into these conferences will pay dividends in your schools and communities for years to come.

Your SASCA board also spent time reviewing our award submissions, and look forward to presenting Advisor of the Year and Student Council of Excellence awards at SSLC in September. Thanks to all the schools who submitted nominations for these awards. So many great things are happening in our schools, so many advisors are going above and beyond for their students, and it's great to be reminded of these things. Best of luck with your end of year preparations, and plans for the fall! Have a wonderful summer!

*Heidi Marchant*  
SASCA Newsletter Editor



**CANADIAN STUDENT LEADERSHIP CONFERENCE 2016**  
**CONFÉRENCE CANADIENNE LEADERSHIP ÉTUDIANT**



**Canadian Student Leadership Association**

<http://cslc-ccle2016.com/en/>



**SASKATCHEWAN  
STUDENT LEADERSHIP  
CONFERENCE  
LEADERSHIP ROUNDUP  
ROPING YOU IN TO SSLC 2016**



**Howdy Folks...**

**I reckon I should give you a wee update on our Leadership Round-up! Over 100 homesteads (schools) are registered and over 600 Cowboys/cowgirls (students) and 150+ advisor Cowboys/cowgirls are going to saddle up their horses, fill their wagons, and make the trek down to the Old West.**

**The Sheriffs (Co-Chairs) are pleading with you folks to have your Cowboys and cowgirls registered with names and session choices by sundown on June 17! Much obliged.**

**Some sessions...like leatherwork and cooking with Noy...are filling up fast. Advisors if you are interested in the Vittles tour...Taste of Maple Creek...there are still spots available.**

**So until we meet...Happy Trails!**

**SSLC 2016 Co-Chairs**

**Monique Bonneau and Heather Buick**

**SAVE THE DATE:**

**2017 Saskatchewan Student Leadership Conference**

**September 20-22, 2017**

**Tisdale Middle & Secondary School**

**Tisdale, Saskatchewan**

## CSLA Representative Report

Hello Sask Advisers!

I am your Saskatchewan representative for the Canadian Student Leadership Association (CSLA), the organization that puts on the Canadian Student Leadership Conference. I am an executive member of the Saskatchewan Association of Student Council Advisers (SASCA), and have been appointed as our CSLA rep for a two year term. As part of my duties I am in charge of being your Saskatchewan liaison for CSLC.

One of my duties for CSLC is ordering Saskatchewan shirts. Every adult and student delegate must purchase a provincial shirt to wear. These shirts are worn on the opening day of the conference during the opening ceremonies when all of the provincial delegates walk in. Shirts are typically reflective of the province, and everyone looks forward to seeing all the provincial shirts each year. Many delegates will wear their shirt on another day throughout the conference, or trade it for another province's shirt. Other delegates will purchase one to wear, and one to trade. We are in the process of developing this year's shirts. I will email everyone a picture of the shirt with the logo once it is back from the graphic designer. The cost of the shirts will be approximately \$35-\$50. It may be less with the numbers we have, and I will know an exact price very soon. I will be placing the order for the shirts on Friday, June 17th.

I will be using the shirt sizes that you and your delegates entered in your Clearcove registration. Please make sure all t-shirt sizes have been updated in Clearcove by Friday, June 10th! Any delegates with no shirt size will be designated a size large. Please also ask your delegates if any of them would like an extra shirt to trade, and **email me with the names of the delegates who want extra t-shirts by no later than June 15th**. For first time advisors, most students order two shirts. They like one for themselves and one to trade. An invoice for your shirts will be emailed to you by SASCA prior to the conference, and shirt pick up will take place on the opening day of the conference (or perhaps at pre-con for those schools attending).

Schools tend to find advisor accommodations at CSLC to be costly, especially if advisors are rooming alone. Please let me know if you have a hotel room that you are willing to share with another advisor, or if you are an advisor without a room who is wishing to share. I will try to connect people to make these arrangements in hopes of saving everyone money! For those who are not aware, it is advisable to book rooms at the host hotel for the conference. This hotel is usually where shuttles run from, where social events are held, and where all the action is! This year's host hotel is the FOUR POINTS SHERATON (1-506-739-7321). If you haven't thought about booking accommodations, you should do this as soon as possible to help ensure you get a room in the host hotel. Remember, you do not need to book a room for the pre-conference if you are attending!

Please let me know if you have any questions regarding your CSLC experience. I would be happy to answer any questions you may have, especially if you are a first time advisor. Be prepared to learn lots, network lots, experience lots, and have a fantastic time! Please remember to update all shirt sizes in Clearcove by June 10th! Please send me the names of any delegates who want an extra shirt by June 15th!

*Deavin Vanthuyne*

## ADVISOR'S IDEA SHARE

### L.P. Miller Hosts Lawn-a-Palooza

L.P. Miller Leadership 30 class Second Annual Lawn-a-Palooza - worth 20% of their mark. We hosted this event on May 26th and it was a huge success. A great time was had by all and we had tripled our attendance from last year. Students were in charge of an activity for the event. We also had sumo suits, bouncy castles and a canteen put on by our functionally integrated crew, as well as help from other student volunteers. It was an amazing community event and we are already looking forward to next year's event!

*Ren Lukoni*

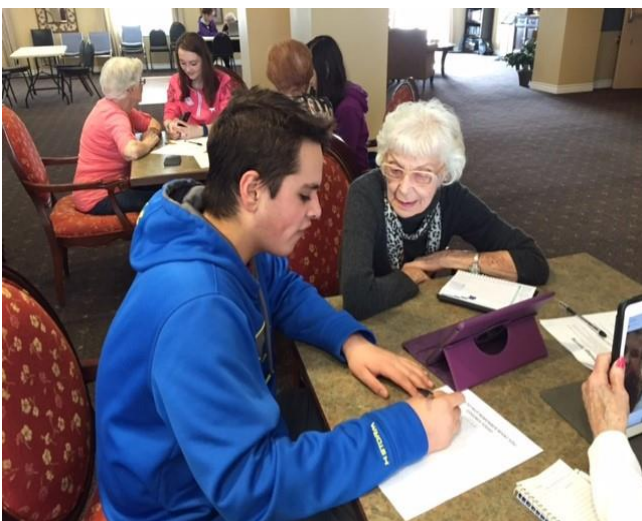


## ADVISOR'S IDEA SHARE

### Kindersley Composite Technology Tutoring

The Kindersley Composite SLC offered our first ever one on one technology workshop for seniors at our local assisted living complex, and it was a HUGE success! Residents signed up for the session in advance, and came with their cell phones, computers, tablets etc. and spent some one on one time with our student technology "experts." Residents were thrilled with how much they learned. Lots of questions were answered, notes were written, accounts were set up, and selfies were taken. Residents learned how to FaceTime, use Facebook, download music and more. One student was able to help her senior partner set up and navigate through Ancestry.com. It was so nice to spend the afternoon with the residents with a common purpose. A wonderful experience for all involved, that will turn into a regular event!

*Heidi Marchant*



## ADVISOR'S IDEA SHARE

### Kindersley Composite Bounces Back

The Kindersley Composite School SLC recently held their first ever "Bounce Back Week" to raise awareness of mental health and self-care strategies. The concept of this initiative came from our student leaders who attended the Canadian Student Leadership Conference in the fall. They were passionate about bringing Bounce Back Week to our school. Bounce Back Week was an attempt to reduce the stigma surrounding mental health issues and promote self-care strategies to ALL students. A lot of our students struggle with mental health issues to some degree (or are a support person for someone who does). ALL of our students experience anxiety to some degree. ALL of our students deal with stress in their lives. These messages apply to everyone. This was an attempt to provide our students with the resources to Bounce Back from episodes of anxiety or stressful situations.

We had over 13 presentations throughout the week on topics ranging from personal stories of mental illness and how to cope, anxiety, grief, the science behind mental illness, suicide awareness, meditation, life coaching, yoga and PiYo exercise. Teachers showed videos created to reduce the stigma surrounding mental illness. Our SLC members covered the mirrors in the school with paper covered inspirational sayings for "Mirrorless Monday," and placed positive messages on the bathroom walls. This activity was aimed to remind students and staff that their beauty is so much more than what is in the mirror. Our SLC members also created posters with mental health facts and self-care strategies and hung them throughout the school. All in all we feel that the week was extremely successful!

*Heidi Marchant*



## ADVISOR'S IDEA SHARE

### Glenworth School Activities

- In mid-November we did a "Bring on Winter" Spirit Day which included a Jersey Day dress-up theme, bake sale featuring goodies that were generously donated from some of our retired staff members, and a hot chocolate sale.

- In December we organized The 12 Days of Fitness - the last 15 mins of each day, our whole K-12 would meet in the gym for a fun activity led by SRC members. Games included 4 Corners, Rock-Paper-Scissors contest, beanbag relay races, and Just Dance videos on the big screen. The "12 Days of Christmas" would play over the intercom at 3:15 each day to signal the classes to come to the gym and it was always an exciting ending to the days.

- Our last week before Christmas holidays we had a spirit week with different dress-up themes. We had a Christmas Pajamas Day, Red & Green Day, Leggings & Toques Day, Ugly Sweater Day, and on the last day our high school does a curling bonspiel and elementary classrooms do their own parties, so we had a Curling Team/Homeroom Theme Day. Some themes included "presents," Hawaiian Christmas, onesies, elves, camouflage, etc.

-At Valentine's Day we held a cookie sale. Cookies had to be pre-ordered and our very dedicated SRC members spent approx. 4 hours after school baking and decorating over 300 sugar cookies to sell the next day.

-In conjunction with our School Community Council, we helped organize an afternoon Air Band Competition (students K-12 were mixed together and put into groups of 5-6) and dance. SRC members made up song choice lists for the air bands and helped at the dance by DJ-ing and handing out prizes.

-In May we held 2 Hat Days where students/staff could donate \$1.00 (or more if they chose to) towards the Ft. McMurray Fire Relief. In these 2 days we raised over \$600.00 for the Red Cross and nearly every student was happy to wear a hat for the day!

*Meghan Loitz*

### Scrabble

One idea for spirit day is to have a scrabble day. Get a group of friends together, write one letter per shirt to spell an inspirational sentence or word etc. Throughout the day you can challenge people to create a specific sentence for a prize.

*Sandra Moen*

## ADVISOR'S IDEA SHARE

### MCCHS PASS THE PIE Fundraiser

Students and staff from Maple Creek Composite School took a pie in the face for Fort Mac. A fundraising event that raised \$1,013 to this worthy cause.

*Monique Bonneau*



## Saskatchewan Student Leadership Conference Hosting Banners for Sale

If you have hosted a provincial leadership conference in the past, you can purchase a banner to hang in your gym from Positive Signs in Esterhazy. The banners are 36 x 72 ". Logos will need to be in eps files. You will be sent a mock up and quote.

PositiveSigns | 425 Main Street | Box 1510 | Esterhazy, SK S0A 0X0

P: 306-745-6677 | F: 306-745-2088 | E: [info@positivesigns.ca](mailto:info@positivesigns.ca) | W: [www.positivesigns.ca](http://www.positivesigns.ca)



## ADVISOR'S IDEA SHARE

### Elizabeth Middle School Events

#### Spirit Days:

Parent Day- to kick off Mother's Day or Father's Day we encouraged students to dress up at their parent!

May the 4th Be With You- On May 4th we had a Star Wars Themed spirit day

#### Benefits:

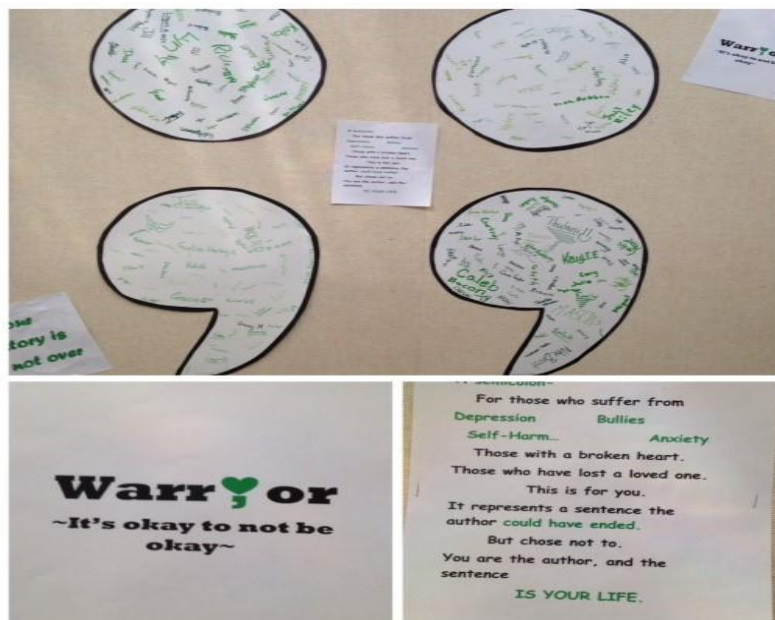
Grilled Cheese Sale- this was done as a benefit for a family in our school. We had each classroom with a griddle in it and cooked the grilled cheese. We were lucky to have different donations from our community so all of the money raised went directly to the family. McDonalds also donated drinks and ketchup cups.

Pie In the Face- Students were able to cast nominations for any staff member to receive a pie in the face for \$2. The staff member who received the most votes was the "winner" and received a pie in the face from each classroom.

#### Mental Health Awareness:

After brining in a speaker about Mental Health and Wellness the school signed huge semi-colons to bring to life the struggle people go through. This was based around the semi-colon project.

*Kelsea Glencross*



# **The Ship of a Thousand Dreams**

Oriole YAC (Youth Adventure Challenge) 2016

By: Parker Campbell (Maple Creek Composite School)

It sounds a bit corny when you say it out loud, “Ship of a Thousand dreams”, but for anyone who has had the privilege to sail aboard HMCS Oriole with the Youth Adventure Challenge there is no better way to describe it. After it’s all said and done you realize you have only sailed on Oriole for a week but somehow it becomes more than just a ship to you, it becomes a pathway to all the incredible memories that were conceived throughout the week you spent sailing, meeting new and amazing people, and learning through hands on experience what leadership is all about. I believe I speak for everyone who has been a part of the Oriole YAC in saying that to truly understand the impact that the program has on people, you have to be there living it. That being said I will try my very best to share with you what I can about this amazing journey.

One of the things that I admire most about the program is its ability to take 14 strangers from across the country and bring them so close together. Before meeting my fellow crewmates I never would have imagined just how close we would all become and I can safely say now that it feels more like a family than a group of friends. The first day we were all together we quickly learned the names and stories of everyone we would soon be living in close quarters with for the following week. After learning the first night that we would have no trouble at all having a blast with this crazy new group of people, we found ourselves in the following days making the most out of the trip.

On the boat our team perfected the art of hoisting sails, tacking, and speaking with the correct sailor terminology, while at the same time managing to find lots of down time to socialize, play a couple of games, and even break into song a couple of times much to the delight of the crew members and Captain. While on land we managed to have just as much, if not more, than on the boat. We successfully explored some deserted islands, stunning towns, and various restaurants along with having a group dance session as well as getting to be a part of one of the most memorable birthday celebrations to date. While the week could not have been planned any better we found that the most unforgettable moments came when we least expected it. From the first night where a medical scare led to some late night confusion, to the last where a slight detour steered us into our own private DJ party, we learned to make the very best out of unexpected situations.

Frankly, our week could not have gone as well as it did without the help of our six seasoned crew members. These guys took on the challenge of teaching 14 teenagers from across Canada how to sail aboard a tall ship on the Pacific Ocean. This was no small feat, and yet the crew managed to keep us organized all while producing some laughs at the same time. They made us appreciate sleep a little more and I for one still do not understand how they got through those 4 hour night shifts. A special shout out is also in order for our cook who rose early every morning to whip us up some of the best food I have ever tasted on land or water. While eating the fantastic dishes that were prepared for us every day we often got to sit down and just talk to the crew. At first the crew figured that they would try to tell us as little about themselves as possible, but after realizing that a teenage girl with a cell phone was basically like a team of private investigators, they quickly called off that plan. We got to know each other pretty well and every crew member was able to inspire all of us in different ways which fit perfectly into our idea of what great leaders should be able to do.

So all in all the YAC is an incredible experience that is like no other. You get to go aboard this amazing ship and meet these new people. Nothing to prove and no one to impress you get to be yourself and make new friends along the way. Whether you’re cleaning the deck, peeking the brass, or out adventuring the memories you make will be permanently etched in your mind, as they are in mine. To be given the opportunity to connect with so many amazing people from all over this great nation is something that I will be forever grateful for. HMCS Oriole is without a doubt, “The Ship of a Thousand Dreams”.