



Newsletter for the Saskatchewan Association of Student Council Advisors

<http://www.sascaleadership.com>

June 2017

End of Year Gratitude

As another school year winds down, it's sometimes difficult to take the time to enjoy the wonderful things about spring. We are often so busy planning field trips, final assessments, year-end activities and graduation ceremonies that we don't get to soak in the first warm rays of sunshine. It is also difficult to find time to celebrate all of the year's victories and achievements. Our young leaders work so hard all year, and in the hustle and bustle of the final days of school, recognizing each of them for the year's contributions often gets overlooked. We all need to feel that our hard work has been acknowledged, and recognizing all of our student leaders for a year full of work goes a long way in building morale for the fall. Whether it be a pizza party, individual thank you cards listing all of the reasons we appreciate each leader, or a spring team building retreat, our students appreciate being appreciated. We as educators also find that a year-end pat on the back can go a long way toward boosting our morale, and provide us with the drive to start up again in the fall. A huge pat on the back to all of our amazing SASCA members who work tirelessly all year to promote leadership in Saskatchewan schools. Thank you for your significant contributions to building a future of accountable, creative and team-oriented young people. Please also extend a SASCA thank you to your students; the reason we are all a part of this organization! Enjoy a relaxing summer, and we look forward to seeing you all in Tisdale in September for the Saskatchewan Student Leadership Conference. Judy, Kelly, Kristin and crew have gone "Beyond All Limits" to ensure that this conference will be an amazing experience for you and your students. Happy end of the school year to all!

*Heidi Marchant
SASCA Newsletter Editor*



Interested in trying out a new fundraiser next fall? Farm to School is a unique fundraiser that allows schools to sell locally grown produce packs containing carrots, onions, parsnips, potatoes and cabbage in a colorful cloth bag. Customers can choose to buy a pack for themselves, or purchase one for your local food bank. 50% of the proceeds from each order remain with your organization. Pre-registration is necessary! Register your school today at <http://www.farmtoschool.ca/>



Saskatchewan Student Leadership Conference 2017
Tisdale Middle & Secondary School
Beyond All Limits

Payment is now DUE!

Student Registration will open soon for all who have paid!

SSLC 2017 Website: <http://www.sslc2017.com/>

Saskatchewan Student Leadership Conference Hosting Banners for Sale

If you have hosted a provincial leadership conference in the past, you can purchase a banner to hang in your gym from Positive Signs in Esterhazy. The banners are 36 x 72". Logos will need to be in eps files. You will be sent a mock up and quote.

PositiveSigns | 425 Main Street | Box 1510 | Esterhazy, SK S0A 0X0

P: 306-745-6677 | F: 306-745-2088 | E: info@positivesigns.ca | W: www.positivesigns.ca



**Canadian Student
Leadership Association**

Did you know? CSLA member schools are eligible for a variety of things, from the Great Oriole Challenge, to the fabulous Idea Share site, monthly newsletters, and student bursaries. Become a CSLA member today!

<https://studentleadership.ca/membership/>

Advisor's Idea Share

Activate Campaign

Check out our Activate campaign <https://activatedotuchs.wordpress.com/> ! We hold a contest every year to promote kindness and inclusion. This is our website for this year. We will be up and running again next year. Check out some of our ideas and plan to join us next year.

We held an inclusion lunch where students were asked to get signature of students that had specific characteristics – Grade 7 with blue eyes, grade 10 who was a gamer etc. Once they had all the signatures, they could enter their game card in a draw for a prize.



*~Ann Marie David
Unity School*

Hot Lunch Sales

Beechy School has its share of the usual fundraisers and spirit events but, the one thing that seems to be a favorite of students, staff and Parents is our weekly hot lunches. The order form goes out the last week of the month for the next month and the students definitely have their favorites! Gourmet Baked Potatoes, Chicken Wraps and Soup lead the way after the most popular Hot Dogs and Grilled Cheese. Each week the SRC students are paired up to help me prepare and serve these meals. They have all learnt some new (and perhaps different) cooking skills.

Jack Links

Another successful thing we have tried this year is selling Jack Link's beef jerky sticks. We started by selling them in the canteen at sporting events, but now carry them year round and sell them by the box or individually. They are a great way to keep money coming into the SRC coffers on a regular basis. For more information, visit: <https://www.jacklinks.com/fundraising>



*~Rhonda Blenkiron
Beechy School*

Advisor's Idea Share

Toonie Time

Students donate a Toonie for a cause and enter their name for a prize...everyday little prizes. We also have a goal and a thermometer to track our progression. We earned \$426.55 cents in four school days...we only have 124 students!

Teacher Appreciation

You Rock: Pet rock looks like the teacher

Lunch: We made lunch for the teachers too

Supervision: Have the SCC or pay some parents to do supervision for a week

~Sandra Moen
Colonsay School

Power Cards

Our school has had luck over the past three years selling "Power Cards," which are discount cards with deals from local businesses. We get them through Elite Fundraising <http://www.elitefundraising.com/> and they do all of the work of getting businesses on board to support our fundraiser. All we have to do is sell! Community members now ask us each September if they can pre-order their Kobra Card. Fantastic fundraiser!



~Deavin Vanthuyne
Kindersley Composite School



CSLC 2017

Waterloo Ontario
September 26-30, 2017

Payment is now due, and advisors are encouraged to update their accounts with accurate delegate information!

<http://cslc2017.studentleadership.ca/>

Advisor's Idea Share

Hidden Object Challenge

For a spirit day we sometimes do a hidden object challenge. We buy foam shapes for the season- St. Patrick's Day is shamrocks, Valentine's Day hearts, etc. We buy them from Dollarama. They are foamy shape cutouts with a sticky back or sometimes in a pinch large confetti pieces will work- just more effort needed to hide them.

The advisors hide the shapes around the school and there would be a set amount for prizes to be cashed in on the spirit day. For five objects found, they get a smaller prize like a sucker (cheap candy). For ten to fifteen objects found a slightly larger prize like a candy bag or chocolate bar. What we have also done is hidden some really hard larger objects and they had special prizes written on them, this could be whatever you decided would work. The biggest prize is usually a bucket of junk food for a total of 35 objects found or a slightly higher number than the smaller prizes.

We hide around 350-400 shapes total. It takes us about two hours (because we aren't allowed to tape anything -sticky tack only), we make around 4 large buckets(around \$25 per bucket in junk food) 20-30 candy bags(\$1.00 bags) , and usually a large bag of suckers or a box of 40+ for small cash in prizes are used. We use the suckers in the candy bags as well.

Our kids requested that we hide the objects "hard" because the first time they were too easy. We decided as advisors to hide a set amount in each classroom so the teachers all know once that amount is found, their classes don't need to be tossed upside down by each group of kids that comes in.

There are grade 12 kids every year that get so excited to hunt, find, and get a prize!

*~Kelsi Sullivan
BRPHS*

Past Graduate Connections

Invite some former students who have graduated in recent years to share tips and tricks about post-secondary, registering for classes, surviving the first year of post-secondary, and what they wish they would have known in high school. Students respond well to their peers, and ask lots of meaningful questions. Get a group of students who are at a variety of programs in a variety of institutions, and who are positive role models for the high school crew. What better way to learn about what their future in post-secondary holds than from those who are on the front lines!

*~Heidi Marchant
Kindersley Composite*

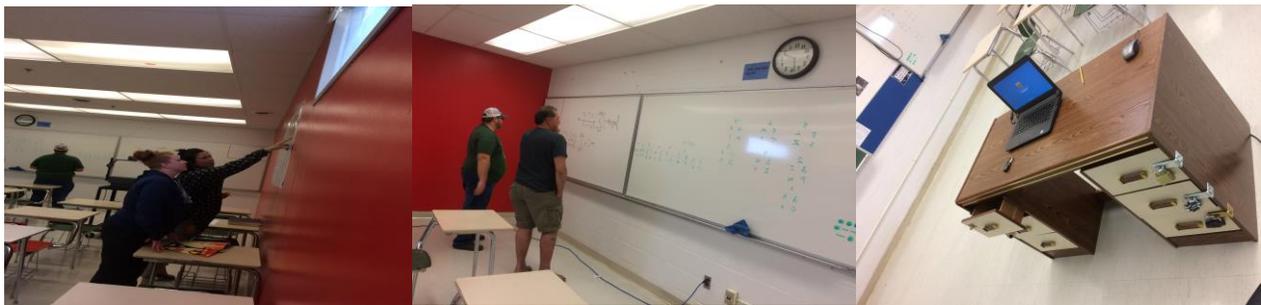
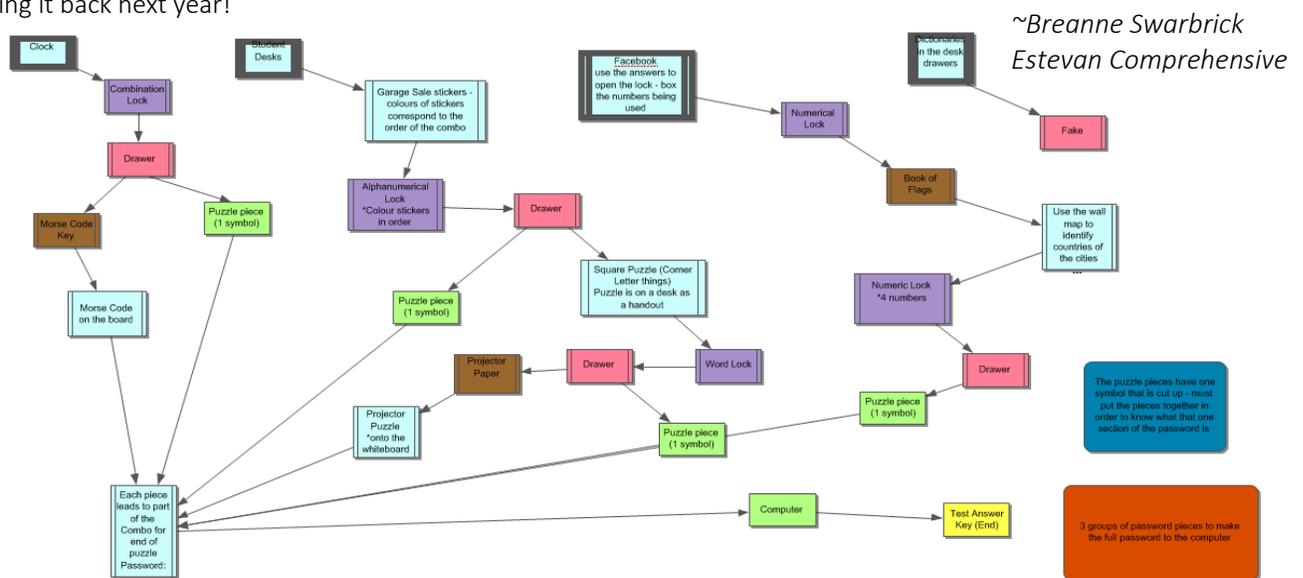
Advisor's Idea Share

Escape Room

Estevan Comprehensive School SRC planned and executed an escape room. SRC students planned the event from scratch. The concept: find all the clues around the classroom to steal the final exam answer key from the teacher's computer. A group of students came up with the concept on their own, designed a map on a mapping program and found all the puzzles they would use. We opened the escape room to students first, then to the broader community. We ran the experience as a fundraiser and gave a prize to the group with the fastest time. Groups had 45 minutes (during the teacher's lunch break) to break into the computer. If they didn't get the password in 45 minutes, they'd be "caught" and fail the class.

We had 20 sessions open from a Monday evening to a Friday evening. We started on each hour from 4pm to 7pm. This gave us 15 minutes to debrief with each group and reset the room. We used the event as a fundraiser and charged \$10 per person. For next time, we would offer sessions later into the evening or even extend the event into the weekend to accommodate community members who wanted to participate. The 6pm and 7pm slots filled up quickly, but it was hard to get the 4pm and 5pm filled.

The students who planned the escape room were really excited about how it turned out! They have received lots of compliments on their creation. Both the planning team and groups who experienced the room are excited for us to bring it back next year!



Leadership Opportunity



Great Oriole Adventure Challenge

Schools who are CSLA members should encourage your young leaders to apply for this amazing adventure each spring:

The Oriole Youth Adventure Challenge is a 5-day leadership program aboard HMCS Oriole. Now in its 12th year, the Oriole YAC is an exciting opportunity for secondary school students to come aboard a tall ship and develop their leadership skills. Though usually based at CFB Esquimalt (Victoria, BC), HMCS Oriole is on the move as part of Canada's 150 celebrations, and CSLA is excited to announce that the 2017 Oriole YAC will take place in Charlottetown, PE – Miramichi, NB from July 2nd – 7th. While on board, participants learn, through lectures and hands on practice, how to become a capable Oriole crew member. Oriole participants build confidence, motivation, and trust, while learning how to work together to become a responsible sailing crew.

The Oriole Youth Adventure Challenge is a partnership between the Canadian Student Leadership Association and the Royal Canadian Navy.

It's too late to apply for this year's challenge, but be sure to watch the CSLA newsletter updates for next year's Oriole Challenge information. This is just another of the many great perks of being a CSLA member school!

For more information, please visit:

<https://studentleadership.ca/what-we-do-2/oriole/>

School Assembly Information

Siera Bearchell

2016 Miss Universe Canada representative Siera Bearchell is a law student, entrepreneur, runner, golfer, avid photographer, and proud Saskatchewan resident. Siera plans to use her law degree for business endeavors and to help the most vulnerable communities throughout the globe. Siera is the Co-owner and Co-founder of Watered Down Apparel. Watered Down Apparel provides 30 days of clean water for every item sold and helps provide clean water projects in Kenya, Ghana, Ethiopia and Haiti with their partner organization, Water Is Life. Siera believes access to clean water is a right and aims to address the global water crisis in a meaningful and impactful way. With a passion for community involvement and helping others, Siera has worked with charities and organizations such as Free The Children, the Canadian Red Cross and SOS Children's Villages. For her community work, Siera has been the recipient of the Queen's Diamond Jubilee Medal, the Peter Mansbridge Youth Leadership Award, the Deloitte Inspiration Award, and the Red Cross Young Humanitarian Award.

To book Siera for a speaking engagement, contact: sierabearchell@gmail.com

<http://www.emjmarketing.com/SieraBearchell.php>



Canadian Youth Speaker's Bureau

The Canadian Youth Speakers Bureau is a group of professional Canadian motivational speakers that work together to bring powerful, inspirational and valuable messages to Canadians.

For so long there have been plenty of non-Canadian bureaus that heavily promote speakers. We believe that it's time to celebrate and promote successful Canadians to our next generation of leaders. As a country we have a unique message that needs to be recognized and embraced.

WHO?

All of our Speakers are Canadian and professional. They come from all different backgrounds. Entrepreneurship, entertainment, sports, overcoming obstacles and physical triumphs.

WHY?

Canadians supporting Canadians. We also give back! A portion of every CYSB speaker booked will be given to the Canadian Student Leadership Association (CSLA). We want to ensure the future of Canada is bright!

GUARANTEE

Each of speakers are guaranteed to bring you a professional, empowering and entertaining message. If you feel that that the presentation did not meet your expectations, we will refund your speech fee in full.

WHERE?

Our speakers are available to every Canadian Province and for every educational institution, conference and corporation.

<http://youthspeakers.ca/>

Mental Health Awareness Activities

Musical Compliments

This was a whole school activity. Supplies needed are: "You are..." paper (1 per student/staff), tape, markers for each person, song playlist, and a list of commands to follow.

The goal is to have everyone participate and leave the activity with physical proof that each of us are appreciated and admired for our talents, characteristics and the positive actions we demonstrate and are valued by our school community.

This is a large game of musical chairs without the chairs and without people being taken out of the game. Each person will have a marker to use and a white sheet of paper with "You are..." printed on the top taped to their back.

The group will start to move about once the music starts. The playlist should be upbeat, happy, popular, old school, etc. – songs that encourage movement, dance moves, words that can be easily sung along too.

When the music stops the leader of the activity will give a command to all participants – "find someone from a different grade" or "pair up with a person that shares your birthday month" or "look for a girl or boy that has the same eye colour as you". The commands can be simple or elaborate as long as they achieve movement and mixing up the usual groups, grades, etc. We would suggest you have 20 + commands ready as this activity goes quickly and once the kids get into it they are excited for the next action.

When each person has "found" a partner, they will take turns writing a positive compliment on the back of the other. (You may choose to have a few staff to keep an eye on the papers for school appropriate remarks.)

When the activity is completed, ask the group to take their sheet with them and hang it in their locker or somewhere that it can be seen and remind each of us that we are well liked, admired and valued every day.

**YOU
ARE...**

Mental Health Awareness Activities

Fears vs. Dreams

This is a whole school activity for all staff and students. Supplies needed are: Fears vs. Dreams sheet with logo placed in the middle of the page (1 per participant), markers, string, and tape.

Gather together in a large area. Your leader will explain that Fears vs. Dreams is a campaign from the non-profit **To Write Love on Her Arms** that invites you to answer two questions:

What's your biggest fear?

What's your greatest dream?

When we answer these questions honestly and openly we will realize that we share similar feelings of hope and achievement. We will also discover that we are not alone with our feelings of anxiety or dread. The completed sheet will also remind each person that they are living a story and the story belongs to them. Their story is unique and it matters.

Each person will fill in a sheet privately. They should write their fear at the top..."I am scared of the dark", "I am afraid of birds", "I don't want to be alone".... Next, the participant will write their biggest dream on the bottom of the paper... "I want to be a doctor", "I dream of bungee-jumping in Australia", "I want to be married and have a happy, healthy family".... Some participants will be very open and blunt while some will be funny. That is okay.

There are no wrong answers (as long as they are school appropriate). Once completed have the group place their sheets face down in a box or in a pile. Gather a small group together to go through the sheets and tape them onto a several strings so each sheet of paper creates a pennant.

Display the pennant strings around your school.

Encourage everyone to take a walk and enjoy the display.



Contributed by Tina Edwards ~ Winston High School, Watrous

Student Election Information

Submitted by Kelsi Sullivan, Big River Public High School

These are the sheets I have made for how we run our elections. We only elect the vice president every year and we have changed our SRC to a downsized version of an executive group. We elect Vice President and room reps and then committees are formed and opened up to all students to join if they are interested in helping with the event. We found there is more school participation and people join and help out if they are interested in the event or planning something to take place. For example: At our SRC meeting we would discuss upcoming events or spirit days, then call a committee meeting to see if there are interested students, then start planning the event with who comes to the meetings. If no one shows up- the event doesn't happen. With a small school population it has still kept students interested in student leadership but gives more students options to help out and join that might not necessarily get voted to be room rep. It works for our school and the kids seem to enjoy it.

Document #1- Nomination Form

BRPHS – SRC Nomination Form

I, _____, nominate _____ for the position of VICE- PRESIDENT for the 2017/2018 school year.

Signature of Witness: _____

Signature of Nominator: _____

Signature of Nominee: _____

** Please return to Mrs. Sullivan or Mrs. Smith by Friday, June 2nd at 3:30 p.m.

S.R.C. ELECTIONS

JUNE 2017

ELECTION TIMELINE

NOMINATION PERIOD:

Monday, May 29th- Friday June 2nd

Campaign:

Monday, June 5th- Wednesday, June 14th

General Assembly:

Wednesday, June 14th Period 1

*****ELECTION DAY*****

WEDNESDAY, JUNE 14TH, 2017

GET INVOLVED WITH YOUR S.R.C!

YOU CAN MAKE A BIG DIFFERENCE!!!

*Room Reps to be decided in the fall.

*Committees are on a volunteer basis.

HOW TO RUN FOR AN EXECUTIVE POSITION ON THIS YEAR'S S.R.C

- 1. Get a nomination form from Mrs. Sullivan, Mrs. Smith, Zach Lomsnes, or Andrew Doucette.**
- 2. Complete the nomination form and turn it in before the deadline to Mrs. Sullivan or Mrs. Smith.**
- 3. You MUST promote yourself by posting at least FIVE posters/banners around the school.**
- 4. You may deliver one “advertisement” via the intercom. Arrangements to be made with Mrs. Sullivan, Mrs. Smith or Miss Crashley.**
- 5. Every candidate MUST prepare and deliver a short speech in front of the student body at the assembly prior to the election.**